# Water Efficiency - Indoors 

## Rebuild Green Expo Santa Rosa, CA February 23, 2018

Gary Klein

Gary Klein and Associates, Inc.

Tel: 916-549-7080
Email: Gary@GaryKleinAssociates.com
Web: www.garykleinassociates.com

## The Water-Energy Nexus



## Water Embedded in Energy



## Water Consumption per kWh

|  | Gallons <br> Evaporated per <br> kWh at | Gallons Evaporated <br> per kWh at <br> Hydroelectric <br> Plants | Weighted Gallons <br> Evaporated per <br> kWh of Site Energy |
| :--- | ---: | ---: | ---: |
| Western <br> Interconnect <br> Plants | $0.38(1.4 \mathrm{~L})$ | $12.4(47.0 \mathrm{~L})$ | $4.42(16.7 \mathrm{~L})$ |
| Eastern <br> Interconnect | $0.49(1.9 \mathrm{~L})$ | $55.1(208.5 \mathrm{~L})$ | $2.33(8.8 \mathrm{~L})$ |
| Texas <br> Interconnect | $0.44(1.7 \mathrm{~L})$ | $0.0(0 \mathrm{~L})$ | $0.43(1.6 \mathrm{~L})$ |
| U.S. Aggregate | $0.47(1.8 \mathrm{~L})$ | $18.0(68 \mathrm{~L})$ | $2.00(7.6 \mathrm{~L})$ |

"Consumptive Water Use for U.S. Power Production." National Renewable Energy
Laboratory, 2003 http://www.nrel.gov/docs/fy04osti/33905.pdf

## Water: Yet Another Reason to Push for Wind and Solar

| Source | Gallons <br> Per kWh |
| :--- | :--- |
| Wind | $\mathbf{0 . 0 0 1}$ |
| PV Solar | $\mathbf{0 . 0 3 0}$ |
| Nuclear | 0.62 |
| Coal | 0.49 |
| Oil | 0.43 |
| Hydro | 18.27 |



Gipe, Paul. "Wind Energy Comes of Age," 1995 http://www.awea.org/faq/water.html

## Energy Embedded in Water

## California's Water Supply Systems



Lester Snow, California Department of Water Resources

## Water Use Cycle Energy Intensities

(kWh/1000 Gallons)


## Water-Related Energy Use-CA 2001



Approximately 20-25 \% of the nation's stationary energy use goes to water in some form. Source: California Energy Commission, 2005 Integrated Energy Policy Report

## Water-Related Energy Use-CA 2001 Another Perspective

|  | Electricity <br> (GWh) | Natural Gas (Million Therms) | Diesel (Million Gallons) |
| :---: | :---: | :---: | :---: |
| Urban Water Use Cycle | 9,566 | 46 |  |
| End Uses of Water |  |  |  |
| Agriculture | 10,560 | 18 | 88 |
| Residential, Commercial, Industrial | 27,886 | 4,219 |  |
| Totals | 48,012 | 4,283 | 88 |
|  |  |  |  |
| 2001 Consumption | 250,494 | 13,571 | ? |
| Percent of Energy Use |  |  |  |
| All Water-Related Energy | 19\% | 32\% | Small |
| Urban Water Use Cycle | 4\% | 0.3\% |  |
| Agriculture | 4\% | 0.1\% | Small |
| Residential, Commercial, Industrial | 11\% | 31\% |  |

Source: California Energy Commission, 2005 Integrated Energy Policy Report

## Water Use Efficiency Strategies

- Outdoor
- Landscape
- Hardscape
- Advanced Systems
- Graywater collection
- Reclaimed water reuse
- Rainwater collection and use
- Mechanical Systems
- Indoor
- Cold
- Hot


## Water Use Efficiency

## - Outdoor

- Landscape
- Climate appropriate plant selection
- Watering methods
- 'Need-based" controls
- Hardscape
- Solid
- Porous


## Water Use Efficiency

- Advanced Systems
- Graywater
- On-site collection and reuse
- Separate drain lines
- Separate delivery piping
- Reclaimed water reuse
- Outdoor or indoor use?
- Rainwater collection and use
- Outdoor or indoor use?
- Mechanical Systems
- Cooling towers
- Condensate recovery


## Water Use Efficiency

- Indoor
- Cold
- Toilets, Faucets, Aerators, Showerheads, Dish machines, Clothes washers, Ice machines
- Hot
- Wring out the Wastes
- Improve hot water delivery
- Capture waste heat running down the drain
- Insulate hot water piping
- Install water use efficient hot water devices
- Select Water Heaters Compatible with WUE


## Begin with the End in Mind

- What is the desired service?
-What is the load?


## Pressure Compensating Aerators



## Pressure compensatin g aerators

normal pressure
O-ring slightly compressed to allow the correct amount of water to pass trhough
high pressure
O-ring is compressed tighter to reduce water flow

A pressure compensating flow regulator maintains a constant flow regardless of variations in line pressure thereby optimizing system performance and comfort of use at all pressures.

## The next several slides were

 graciously provided by Ann V. Edminster www.annedminster.com
## Plumbing Fixture Resources \& Terms

gpm:<br>gallons per minute<br>gpf:


www.epa.gov/ WaterSense/ products/
gallons per flush

## Showerheads

- $\leq 1.8$ gpm after July 1,2018 - GPM isn't the whole story; hydraulic design determines performance

- Thermostatic Shut-off Valves
- Specify pressure compensating
- Read the reviews:
http://www.housetalkgreen.com/new-showerhead-test-results/


## Faucets

- Kitchen $\leq 1.8$ gpm with optional temporary flow of 2.2 gpm
- Private Lavatory $\leq 1.2$ gpm
- Public lavatory $\leq 0.5$ gpm
- Specify pressure compensating aerators



## High-efficiency Toilets (HETs)

- Toilets $\leq 1.28 \mathrm{gpf}$
- "Best" $\leq 0.8$ gpf
- And where appropriate:
- Composting toilets
- Urinals
- Bidet seats



## Appliance Resources


www.toptenusa.org
$\checkmark 555$
American Council for an Energy-Efficient Economy http://aceee.org/sector/residential

http://library.cee1.org/ content/cee-super-efficient-home-appliance-initiative-2014/


ENERGY STAR www.energystar.gov
https://
www.energystar.gov /index.cfm?
c=most_efficient.me
_index

## Efficient Clothes Washers

- NOT JUST Energy Star -
- Modified Energy Factor (EF) $\geq 1.8$
- Water Factor (WF) $\leq 7.5$
- Front-loading
- Automatic water level control
- Multiple wash/rinse temperature options


## Efficient Dishwashers

- NOT JUST Energy Star -
- Energy Factor (EF) $\geq 0.75$
- Water Factor (WF) < 4.25
- Wash cycles: more = better
- No-heat dry option
- Can it connect to cold water?



## Why Do I Work on Hot Water?

- Energy Intensity of Indoor Cold Water
- Range from 3 to 32 kWh per 1000 gallons
- Energy Intensity of Hot Water

|  | Electric |  | Natural Gas |  |
| ---: | ---: | ---: | ---: | ---: |
|  | Resistance <br> (85 \% <br> Efficient) | Heat Pump <br> (COP $=2)$ | $(50 \%$ <br> Efficient) | (95\% <br> Efficient) |
| kWh/1,000 Gallons | 201 | 85 | 342 | 180 |
| Relative Energy Intensity compared <br> to $5 \mathrm{kWh} / 1,000 ~ g a l l o n s ~$ | 40 | 17 | 68 | 36 |

- Typically 40-68 times more energy intensive than indoor cold water.

The most valuable water to conserve is hot water
at the top of the tallest building, with the highest elevation, in the area with the greatest pressure drop.

## The Aha! Moment

- Up until 2014 energy models had very limited abilities.
- Only a few had the ability to adjust hot water volume and therefore the energy needed for water heating.
- None had the ability to properly account for measures that increased the efficiency of hot water use.

First Count the Water, then Count the Energy

## SoCalGas Hot Water Demonstration Lab



## Entering Section of Experiment:

1. Flushing and Priming
2. Flow Rate
3. Pressure 1
4. Temperature 1


## Exiting

## Section of

 Experiment:
## 1. Pressure 2

2. Temperature 2
3. Discharge through Plumbing Fixture


## Demonstrating Performance



## Demonstrating Performance



## Length of Pipe that Holds 8 oz of Water

|  | 3/8" CTS | 1/2" CTS | 3/4" CTS | 1" CTS |
| :---: | :---: | :---: | :---: | :---: |
|  | ft/cup | ft/cup | ft/cup | ft/cup |
| "K" <br> copper | 9.48 | 5.52 | 2.76 | 1.55 |
| "L" <br> copper | 7.92 | 5.16 | 2.49 | 1.46 |
| "M" <br> copper | 7.57 | 4.73 | 2.33 | 1.38 |
| CPVC | N/A | 6.41 | 3.00 | 1.81 |
| PEX | 12.09 | 6.62 | 3.34 | 2.02 |
| Ave | $\mathbf{8}$ feet | $\mathbf{5}$ feet | $\mathbf{2 . 5}$ feet | $\mathbf{1 . 5}$ feet |

## How Long Should We Wait?

| Volume in <br> the Pipe <br> (ounces) | Minimum Time-to-Tap (seconds) at Selected Flow Rates |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\mathbf{0 . 2 5} \mathbf{~ g p m}$ | $\mathbf{0 . 5} \mathbf{~ g p m}$ | $\mathbf{1} \mathbf{~ g p m}$ | $\mathbf{1 . 5} \mathbf{~ g p m}$ | $\mathbf{2 g p m}$ | $\mathbf{2 . 5} \mathbf{~ g p m}$ |
| $\mathbf{2}$ | 4 | 1.9 | 0.9 | 0.6 | 0.5 | 0.4 |
| $\mathbf{4}$ | 8 | 4 | 1.9 | 1.3 | 0.9 | 0.8 |
| $\mathbf{8}$ | 15 | 8 | 4 | 2.5 | 1.9 | 1.5 |
| $\mathbf{1 6}$ | 30 | 15 | 8 | 5 | 4 | 3 |
| $\mathbf{2 4}$ | 45 | 23 | 11 | 8 | 6 | 5 |
| $\mathbf{3 2}$ | 60 | 30 | 15 | 10 | 8 | 6 |
| $\mathbf{6 4}$ | 120 | 60 | 30 | 20 | 15 | 12 |
| $\mathbf{1 2 8}$ | $\mathbf{2 4 0}$ | 120 | 60 | 40 | 30 | 24 |

ASPE Time-to-Tap Performance Criteria

|  | Acceptable Performance | $1-10$ seconds |
| :--- | :--- | ---: |
|  | Marginal Performance | $11-30$ seconds |
|  | Unacceptable Performance | $31+$ seconds |

Source: Domestic Water Heating Design Manual - $2^{\text {nd }}$ Edition, ASPE, 2003, page 234

# Water-Energy Relationship: Synergies 

## $\checkmark$ End-User Water and Energy Conservation

$\checkmark$ Saving water can save energy
$\checkmark$ Saving energy can save water

## $\checkmark$ Water and Wastewater Utility Operational Efficiency

$\checkmark$ Increasing water and wastewater system efficiency reduces energy in the water use cycle

## $\checkmark$ Water Storage

$\checkmark$ Increased water storage and more flexible water storage shifts peak energy requirements
$\checkmark$ Pumped storage increases peak electric generation and improves electric system efficiency
$\checkmark$ Improve Price Signals
$\checkmark$ Time of use water rates and meters
$\checkmark$ Time of use electric rates and meters
$\checkmark$ Renewable Generation by Water and Wastewater Utilities
$\checkmark$ Increase generation from in-conduit hydro and biogas. Add generation from solar and wind.
$\checkmark$ Assist in meeting California's renewable generation goals
If we did all this,
what would be the combined impact on GHG emissions?

## The Unintended Consequences of Increasing Water Use Efficiency

## Given human nature, it is our job

to provide the infrastructure that supports efficient behaviors.

## Thank You!

Gary Klein

Gary Klein and Associates, Inc.
Tel: 916-549-7080
Email: Gary@GaryKleinAssociates.com
Web: www.garykleinassociates.com

